

## ISRAEL TRIPS

Our Israel trips are unbeatable both in price and experience. Starting from \$899, regardless of Birthright eligibility, you can tour and explore the the Golan Heights, Tzfat, the Dead Sea, Jerusalem, Tel Aviv and other exciting locations. Hear inspiring and interactive seminars about various Jewish topics including: Philosophy, Jewish History, Israel activism, Jewish mysticism, relationships, dating and much more! Our trips stay in great hotels and incorporate lots of free time.



# AISH IN THE ANNEX PROGRAM CATALOG

Students

5771

2010—2011



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# **BUSINESS LEARNING PROGRAM FOR ROTMAN AND ROGERS STUDENTS**

Take advantage of focused personal, professional and spiritual development individually tailored to your goals and aspirations.

We have worked with everyone from CEOs to recent graduates giving them real advice and information based on powerful Torah concepts and now we are bringing it into the business schools themselves.

Our program is based on one-on-one sessions where we come to you at your school!

*'Spending an hour of my week with Rabbi Mitch has really added a whole new dimension to my job and life. We talk about business ethics, communication and current events in my life - its always relevant and insanely useful.'*

Business Development Manager, 29

Welcome,

Aish in the Annex is a great location for students to relax, hang out, tune in, develop yourselves and have fun.

This catalog will give you a taste of some of our ongoing and upcoming events and we hope you'll join us for some of the exciting programming that we offer.

We look forward to getting a chance to meet you!

Rabbi Mitch Goldstein



## AISH ALTERNATIVE

If you're looking for a way to "unplug" from your hectic schedule, Aish Alternative has just what you need.

Aish Alternative is a ground-breaking peer-lead program providing a more spiritual and alternative approach to life, Judaism and the daily grind.

From meditation and kosher Yoga, to classes focused on mysticism and kabbalah, Aish in the Annex will bring you a whole new perspective .

This program will be starting this fall so watch this space for more details.



## SHABBAT PROGRAMMING

Our large and vibrant Shabbat dinners are always packed with interesting people and gourmet food. With a guest-list only policy, you will find great company and conversation, networking and social opportunities and a meaningful way to spend your Friday night.

Always the one to mix it up, Aish in the Annex regularly puts on themed dinners from sushi to Indian food. Shabbat is a time for delicious food no matter the origin.

In addition, we run dinners catering to specific subjects such as law or medicine so you can mix and mingle with people in your own department. Whether its hanging out, meeting new people or chilling with the crew, we have the best table in town.

We can't wait to feed you!



## ON & OFF CAMPUS

Looking for a good party? Check out our events! Our BBQ's and socials are exclusive events catered to Toronto's coolest students.

Hang out, meet new people and enjoy good food while you gain some practical wisdom for every-day life. Or join us for our Purim and Chanukah bashes where we celebrate in style.

On campus we run weekly Pizza lunches and work with Hillel at Ryerson and UofT to bring you the best in food, entertainment and wisdom.



## INSPIRED FOR WOMEN

Inspired for Women is a customized women's program focusing on the contemporary issues that effect every modern woman.

From once a week classes to one-on-one tutoring, Inspired is providing the busy Young Professional with the X factor to let her get ahead in life, work and even love.

Along with information, Inspired women develop a close social network of like-minded highly motivated and successful women.

Our master-classes run once a week at our beautiful downtown headquarters and are also streamed LIVE online if you can't make it.

## MAIMONIDES LEADERSHIP PROGRAM

Earn \$400 by attending our 10 week Maimonides Leadership course. We will prepare you for everything you need to know to become a mover and shaker in the Jewish community and beyond.

We will connect you with some of the most influential Jewish community and business leaders in town and give you new skills that you can use in school, in work and in giving back to the Jewish people.

Programs run twice yearly. Check out our website to apply — [aishintheannex.com](http://aishintheannex.com).